

**MISSOURI DEPARTMENT OF MENTAL HEALTH
COMPREHENSIVE PSYCHIATRIC SERVICES
STATE ADVISORY COUNCIL
MEETING MINUTES
November 17, 2005
Jefferson City, Missouri**

Members Present: Vivian Russell, Robert Qualls, Karren Jones, Janet Munsterman, Geody Frazier, Suzanne Taggart, Mariann Atwell, Joanne Fulton, Julie Ousley, Karia Basta

Members Absent: Anna Maria Bellatin, Ruth Brandon, Linda Clarke, John Harper, Donna Lay, Bobbie Meinershagen, Helen Minth, Susan Pijut, LuAnn Reese, Fran Scott, Sarah Stanton, Erica Stephens, Betty Taylor, Ethel Wesson

DMH Staff: Diane McFarland, Dora Cole, Susan Blume, Tom Rehak, Brooke Dawson, Mark Miller

SAC Staff: Rosie Anderson-Harper, Cindy Proctor

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Robert Qualls, Vice Chair, called the meeting of the Missouri Department of Mental Health (DMH), Division of Comprehensive Psychiatric Services, State Advisory Council (SAC) to order at 10:00 a.m. on Thursday, November 17, 2005. The meeting was held at the DMH, Conference Room B, 1706 East Elm Street, Jefferson City.	
INTRODUCTIONS	Welcome and introductions were facilitated by Robert Qualls. Rosie Anderson-Harper introduced the contents of the SAC packet. The October SAC meeting minutes were unanimously accepted with corrections as written by vote.	

<p>COMMITTEE REPORTS</p>	<p><u>Community Based Monitoring Committee</u> – Chair: Geody Fraizer The committee’s final mission statement consisted of asking questions regarding how to incorporate consumers into the department certification survey process. The committee discussed the different issues involved in using consumers in the certification process.</p> <p>The verbal report was unanimously accepted by vote. The report will be printed up in a finalized written format and presented to Diane McFarland as a recommendation.</p> <p><u>Consumer Conference Report</u> – Chair: Geody Fraizer The Consumer Conference committee recommended that consumer conference be held on May 16th and 17th before the Spring Institute. They are looking at a budget of approximately \$5,000 which includes 6-8 speakers and meals and lodging for the consumers.</p> <p>The mission of the Consumer Conference is to educate consumers regarding resources available, symptoms, medications, consumer rights, advocacy training, networking, Medicaid/Medicare changes, and other concerns of the consumer.</p> <p>The verbal report was unanimously accepted by vote.</p>	
<p>BUSINESS MEETING</p>	<p><u>Member Reports</u></p> <p>Karia Basta – Karia spoke of the events that took place during the National Hunger and Homelessness Awareness Week and the excellent media coverage they received.</p> <p>Suzanne Taggart – Pathways is currently involved in a certification survey.</p> <p>Janet Musterman – She is looking forward to involving consumers in the certification survey process and believes it will be valuable to Administrative</p>	

	<p>Agents.</p> <p>Karren Jones - NAMI Conference went well. The speaker Noel Larson spoke on PTSD. It was very Informative.</p> <p>Vivian Russell – Thanked DMH for sponsoring her to attend the Procovery training with Kathleen Crowley.</p> <p>Julie Ousley – There is a lot going on with Medicaid, but as far as where it is going and what is going to happen, at this point, is undecided. The Department of Social Services is starting to work on the budget for next year.</p> <p>The organization, Grow, is doing surveys of Medicaid recipients to see how all of the changes and state cuts are affecting them. There might be a speaker from Grow coming to the consumer conference to speak about the surveys of Medicaid recipients.</p> <p>Robert Qualls – Burrell, St. John's Hospital, and Cox Hospital's psychiatric wards are keeping records concerning discharge, recommendations, and follow-ups. They are finding that people who are in a Procovery group, AA, and/or NAMI support group are much less likely to return to the psychiatric inpatient ward. Follow-up and support are very important for successful recovery.</p> <p><u>Business Meeting</u></p> <p>Mark Miller – Mark distributed a leaflet called <i>A Lighthouse for the Holidays</i> for those who have recently experienced natural disaster. It features helpful tips on how to maintain a healthy state of mind during the holiday season.</p> <p>DMH has received the Crisis Counseling grant from FEMA which officially ended on November 6th. DMH has applied for a regular service grant which will automatically extend the immediate services grant. The grant is currently in an extension period.</p>	
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<p>MEDICAID ELIGIBILITY REVERIFICATION PROJECT</p>	<p>Brooke is organizing a CPS Procovery Circle. Karren Jones has volunteered to help get it started.</p> <p>Tom Rehak – DMH is working on the Medicaid Eligibility Reverification process. The department is concerned about eligibility reverification for persons who have Medicaid coverage. Department staff is working closely with the Family Support Division. The Family Support Division is training people from our provider agencies on how to complete the eligibility forms and how to gather the information that will help Medicaid recipients keep their eligibility if appropriate. We are currently working on a report indicating how many people have retained their eligibility and how many people are losing it.</p> <p>DMH is using part of the budget to support consumer operated programs, drop-in centers, and warm lines that are operated by consumers. The department is in the planning stages of renewing this grant as it is due in July. This grant is renewed every three years. There are currently six drop-in centers and five warm-lines around the State.</p> <p>DMH has just completed another round of consumer satisfaction surveys across the state. We asked provider agencies to distribute consumer satisfaction surveys to anyone that was served during the month of August in the CPR programs and the Targeted Case Management programs. University of Missouri Kansas City is compiling the information and developing the reports for us. The results of the consumer satisfaction survey will be available next month.</p> <p>There is an Outcome Steering Committee in the CPS Division, consisting of provider representatives from our different contractors, that will be used as a core group to work on the next consumer survey of 2006.</p>	
<p>BUSINESS MEETING</p>	<p>Rosie Anderson-Harper – Rosie reported for Ruth Brandon who was unable to attend this meeting. Ruth visited Mid-Missouri Mental Health Center and was unhappy with the visitation room. She said that it was very drab and that there was nothing colorful, soft, inviting, or comfortable about being in the visitation</p>	

<p>SPRING INSTITUTE</p>	<p>room. She called Dr. Felix Vincenz, CEO of Mid-Missouri Mental Health Center, to let him know what she thought about the situation and her thoughts on how to make the visitors room more accommodating and welcoming by staff members.</p> <p>Ruth's main focus is to make sure the clients are comfortable and can feel comfortable having visitors. Any suggestions and/or recommendations are welcome. Mark Miller suggested that SAC send their suggestions and recommendations to Mid-Missouri Mental Health Center's Advisory Committee.</p> <p>Rosie Anderson-Harper – Rosie discussed next month's agenda. Rosie did confirm Fulton State Hospital's, Dr. James Coleman, to come and speak about seclusion and restraint and about having a more trauma informed system of care.</p> <p>A motion was made to have the SAC meeting in December. It was unanimously accepted by vote.</p> <p>Department staff is working on planning speakers for the Spring Training Institute. Suggestions are welcome. The following are topics recommended by the SAC members during the discussion:</p> <ul style="list-style-type: none"> ➤ Procovery – How to start a group? ➤ Consumer being a consumer provider ➤ Movie - "The Shadow" ➤ Noel Lawson on PTSD ➤ Mental Health Court Panel (Note: Panel should include a consumer graduate and probation and parole officer.) ➤ Consumer panel – Panel geared towards SED children, what worked in SED services, and what worked for our panel members. ➤ DYS services ➤ Peer support success rates (Note: What Burrell, Cox, and St. John Hospital are doing for peer support.) ➤ Transition Services – Youth to Adult 	
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SPRING INSTITUTE (continued)	<ul style="list-style-type: none"> ➤ Sex Offenders ➤ Updates on System of Care – challenges, what’s working <p>We are also looking for volunteers to assist at the conference to introduce speakers, distribute materials, collect evaluation forms, etc. If you would like to volunteer, please contact Rosie.</p>	
DIRECTOR’S REPORT	Diane McFarland – FY 2007 Budget consists only of mandatory items. Diane distributed and discussed the department’s budget. The budget was discussed in detail. The State of the State is in January. This is when the 2007 budget will come out.	
MENTAL HEALTH AWARENESS DAY	Rosie Anderson-Harper – Mental Health Awareness Day is April 5 th . Reservations have been made for the Capitol, Senate side of the 3 rd floor of the rotunda for this event.	
BLOCK GRANT REVIEW	<p>Brooke presented the SAC with the Adult and Child, Goals, Targets and Action Plans for the Block Grant.</p> <p>Medicaid in Missouri is making changes and the current system will be gone in 2008. The commission is looking at different ways for Medicaid to work.</p> <p>The role of the SAC, as far as looking at the data, will be discussed at the next meeting. Once we start studying the data, 1 or 2 of the performance indicators may jump out and we will be able to take an in-depth look at these, talk about them, and present our questions and suggestions to the CPS Division. All SAC members are encouraged to review the data sheets.</p>	
NEW BUSINESS	<u>Holiday Stress</u> – Rosie enclosed informational materials on holiday stress in the SAC packet. An open discussion among the SAC members on the subject was held.	Next SAC meeting on December 17 th we will discuss the data for fiscal year

		2006. A presentation from Fulton State Hospital Focus on Safety will also be provided.
ADJOURN	The full council meeting adjourned at 1:15 p.m.	Next meeting December 17, 2005